



AproDerm[®]

Soothes, Moisturises and
Protects from Birth

Fontus National Dermatology Webinars

This series of three webinars will be presented
October 2020 - January 2021



Guest Speaker

Julie Van Onselen RGN, RSCN, DipN, DipM, BA(Hons)

A dermatology practitioner and lecturer, who works as an educator/adviser for skin care charities and the NHS and at the University of Stirling

Fontus Health is delighted to present a series of three virtual education sessions, covering dermatology topics, which are current and relevant for primary health care professionals.

Thursday 29th October; 19:30-21:00hrs **Skin conditions in different skin types including recognition of COVID-19 skin symptoms**

Saturday 5th December; 10:00-11:30hrs **Diagnosis and treatment of skin, nail and scalp infections in primary care**

Wednesday 20th January; 19:30-21:00hrs **Eczema throughout the lifespan**

Skin conditions in different skin types including recognition of COVID-19 skin symptoms

Common skin conditions present differently in skin types IV (light brown skin) to VI (dark brown or black skin). Focusing on skin of colour, diagnosis and management we will look at different presentations of acne, eczema, psoriasis, skin lesions as well as melasma and vitiligo and discuss how to treat in primary care, including the role of emollients as outlined according to national guidance along with practical management tips. COVID-19 presents new challenges, with skin symptoms being recognised as important early diagnostic signs. In addition, COVID-19 PPE and frequent hand washing causes irritation and exacerbates existing chronic skin conditions. So, we will also cover the recognition of COVID-19 skin symptoms and skin care in the current environment.

Diagnosis and treatment of skin, nail and scalp infections in primary care

Skin conditions are the top reason that patient's present to their primary health care practitioners with bacterial, fungal and viral skin infections being the most common diagnostic group. During this educational session we will discuss diagnosis and treatment of skin, nail and scalp infections in the primary care environment.

Eczema throughout the lifespan

Eczema is a very common skin condition, affecting 20% of children in the UK and up to 10% of young people and adults. There are several types of eczema, which can develop throughout the lifespan, including atopic eczema, contact dermatitis, seborrhoeic dermatitis, discoid eczema and varicose eczema. Most people with eczema are treated in primary care and self-manage their chronic skin condition. This session will guide primary health care professionals on eczema assessment, diagnosis and treatment pathways. We will also discuss how evidence-based eczema management, including complete emollient therapy and practical support can significantly improve the quality of life for eczema patients and their families.