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## **Media Release**

## \*\* Interview and photo opportunity \*\*

Friday 20 April, 3.30pm: CCG Chief Officer, Simon Cox, visits Lincolnshire Co-op Pharmacy in Aberdeen Walk, Scarborough, to help promote the Think Pharmacy campaign, with Community Pharmacy North Yorkshire

17 April 2018

## Patients encouraged to support community pharmacies

Patients in Scarborough and Ryedale are being encouraged to use their local high street community pharmacy for prescriptions, health advice and over-the-counter medicines, as online pharmacy companies step up their efforts to promote their "repeat prescriptions" service and attract new customers.

Community Pharmacy North Yorkshire which represents many high street pharmacies, says residents who use an online pharmacy company need to be aware that they will not get access to the same range of services and risk missing out on important face-to-face help and support. Jack Davies, Chief Executive Officer of Community Pharmacy North Yorkshire, said: "High street community pharmacies do so much more than just provide prescription medication and over-the-counter remedies – they provide a range of other valuable services that just can't be replicated by an online provider and offer a personal touch that can make a huge difference to a patient's health and wellbeing. Online pharmacy is an option, but people need to be aware of their limitations."

Community Pharmacy North Yorkshire has produced a list of services and benefits offered by a community pharmacist that it says, realistically, internet-based pharmacy companies may not, or will not be able to provide.

Service		Community Pharmacy	Online Pharmacy realistically may not, or will not be able to provide
Dispense Liquid Medicines		0	
Dispense Refrigerated lines e.g. Insulin, Vaccines		$\odot$	
Dispense Controlled Drugs		$\sim$	
Dispense Drugs required for immediate use		$\sim$	
Personal Face-to-Face contact for any discussion or review about your current medicines (Medicines Use Review)		0	(*** •••
Give Personal Face to Face Minor Ailments advice		$\odot$	
Personal Face-to-Face contact for any discussion about your new medicines (New Medicine Service)		0	
Within walking distance from your home		0	
Run targeted local health campaigns		0	
Is an accredited Healthy Living Pharmacy		$\odot$	
Access to Local Commissioned Services	Morning After Pill	0	
	Smoking Cessation	$\circ$	
	Falls Assessment	$\odot$	
	Alcohol Awareness	0	

Alastair Farquhar, Head of Pharmacy at the Lincolnshire Cooperative which has a branch in Aberdeen Walk, Scarborough, said: "All pharmacists have trained for five years and can offer expert advice on lots of minor ailments. Most pharmacies in North Yorkshire offer confidential consultation rooms too.

"We can help with many common problems such as coughs, colds, aches and pains, treating minor injuries and infections – and we provide medicines management advice. If a community pharmacist can't help, we'll tell you whether you need to see a doctor or where else you could get the best treatment."

NHS Scarborough and Ryedale Clinical Commissioning Group (CCG) says patients need to make "an informed choice" about which pharmacy service they use.

Dr Greg Black, NHS Scarborough and Ryedale CCG clinical lead for medicine, said: "Patients are free to get their prescription medicine from an online pharmacy, if they wish, but they may prefer the face-to-face interaction of a high street pharmacy.

"The majority of people live within easy reach of a community pharmacy and many pharmacies offer extended opening hours in the evenings and at weekends, making them convenient and accessible.

"Community pharmacists are qualified healthcare professionals. They're experts in helping patients manage medication and long-term conditions and are an important component of the local healthcare system in Scarborough and Ryedale."

- ENDS -

## Notes to editors – about the Scarborough and Ryedale Clinical Commissioning Group

- We are responsible for commissioning planned care, unplanned care, mental health care, rehabilitation care, community care, children's and maternity services, plus some services provided by GP Practices
- Our governing body comprises 13 members, six of whom are local GPs
- In 2016/17 we spent £181 million to pay for the health services for our population
- We commission services for around 119,000 patients, registered at 15 GP Practices in Scarborough and Ryedale

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